

“From Distress to Rest”

Psalm 4:1-8

- I. David’s Cry
 - a. “Distress” = tight place צָר *tsar*
 - b. “Relief” = open space רָחַב *rachab*

- II. David’s Conflict
 - a. When people turn glory into shame
 - b. When people love delusions and seek false gods

- III. David’s Confidence
 - a. Jesus is untouched by sin
 - b. The Lord hears when I call to him

- IV. David’s Caution
 - a. Be angry at sin
 - b. Be careful not to sin in your anger

- V. David’s Christ
 - a. David’s righteousness was in Christ
 - b. Obedience, steadfast love, and the knowledge of God

- VI. The Lord’s Countenance
 - a. True prosperity/goodness from the Lord
 - b. Blessed by the light of God’s face

- VII. David’s Contentment
 - a. The greatest joy found in Christ alone
 - b. Greater than all the world can offer

- VIII. David’s Comfort
 - a. Peace and rest – in Christ
 - b. Safety and security – in Christ