

## “God Is Our Refuge”

Come to the fortress.

I. Retreat

II. Rest

III. Relief

IV. Reassurance

V. Refuge

### Psalm 62:5-8 (NIV)

5 Yes, my soul, find rest in God;  
my hope comes from him.

6 Truly he is my rock and my salvation;  
he is my fortress, I will not be shaken.

7 My salvation and my honor depend on God;  
he is my mighty rock, my refuge.

8 Trust in him at all times, you people;  
pour out your hearts to him,  
for God is our refuge.